

Hardin L.K. Coleman, Ph.D.  
Department of Counseling Psychology  
321 Education Building  
1000 Bascom Mall  
University of Wisconsin-Madison  
Madison, WI 53706-1385

Work: (608) 262-2161  
Fax: (608) 265-3347  
Email: hcoleman@wisc.edu

Spirituality and the Counseling Process 270-620  
Summer, 2003 1-3 Credits  
M, T, Th 9:00 - 12:15  
May 23 to June 9  
Education

Office Hours: Please sign up on the sheet to the right of my office door (Room 307A). The hours will be on Mondays 1:30 - 3:30.

#### Course Description:

The purpose of this course is to facilitate the participants understanding of the role that spirituality does and can play in the change process. The course will introduce some core concepts related to spirituality, counseling, change, and meaning making. The primary focus of the course will be to provide the participants an opportunity to articulate their ideas about these issues and to actively respond to the idea of others.

#### References:

Frame, M.W., (2003). Integrating religion and spirituality into counseling: A comprehensive approach. Pacific Grove, CA: Brooks/Cole.

Frankl, V.E., (1959). Man's search for meaning: An introduction to logotherapy. NY: Beacon Press.

Myers, L.J. (1988). Understanding an afrocentric worldview: Introduction to an optimal psychology. Dubuque. IA: Kendall/Hunt

Graded Tasks:

- 1). Write three brief essays that actively respond to the readings and class discussions from each week. Please send them to me via email by each Thursday at 7 PM. 10 points each.
- 2) Lead or co-lead one class discussion. The presentation will be given during the last weeks of the class. 30 points.
- 3). Write an essay or literature review on the aspect of spirituality and counseling that is most meaningful or important to you. This essay is due on June 4th in class. You will hand in 5 copies of the essay. 30 points.
- 4) Write a review of one of your classmates essays. 10 points.

Grades:

3 Credits	2 Credits	1 Credit
A = 93 - 100	73 - 80	53 - 60
A/B = 89 - 92	69 - 72	49 - 52
B = 83 - 88	63 - 68	43 - 48
B/C = 79 - 82	59 - 62	39 - 42

Written assignments should be done in the APA manuscript style.

All students in the class will demonstrate behavior that is consistent with the Ethical Standards forwarded by the APA and ACA in their code of ethics. Failure to do so can result in termination from the Department.

Please let me know if you need any accommodations in the curriculum, instruction, or assessments of this course to enable you to fully participate. I will try to maintain the confidentiality of the information you share with me.

## Examples of Essay Questions

1) How does one address issues of spiritual development when working as a counselor with:

K-5, 5-8, or 9-12

Traditional College Students

Non-Traditional College Students

End of life concerns

2) How is spiritual development an important part of recovery from

Trauma

Addictions

Familial Disruption

3) What is the difference between moral development and spiritual development

4) Is there an ethic for spiritual development?

5) Are empathy and theories of right and wrong compatible? How so, how not?

Schedule of Events:

Date	Topic	Readings	Presentation	Due
May 23	Introduction		Circle of Recovery	
24	Consensual Validation Interviews	Frame: Chpts 1-5		
26	Create Themes			RR #1
31	Spiritual Strategy In Counseling	Frame 6-10 Richards and Bergin		
June 2	Cultural Specificity	Frankl		RR#2
6	Cultural Specificity	Meyers Coleman and Durr		
7	Presentations			RR#3
9	Presentations			Essays